



LIGHT LUNCH MENU

Monday to Saturday, 12:00 to 14:30

Little Dishes

Ideal for Sharing

Crispy fried whitebait with
a zesty lemon aioli **GF** 4.50

Marinated giant green olives, with rosemary
and sundried tomatoes **VE GF** 3.50

Haloumi fries, with a spicy coconut yoghurt,
avocado and harissa dip **V GF** 7.25

Honey and mustard glazed chipolatas,
and crispy onions 6.25

Mains

Baked ham, two fried eggs and chunky chips **GF** 9.50

Sun blushed tomato, red pepper and feta tart, and a mixed leaf salad **GF** 9.25

Crispy battered haddock goujons, chips, peas and tartare sauce **GF** 10.95

Cumberland sausages and mash, with braised onions 9.50

Chicken schnitzel, chips and a mixed leaf salad **GF** 9.75

Lamb kofta and Greek salad 9.75

Royal Exchange Ploughman's ***GF** 10.50

Baked sourdough, Sussex Charmer, baked ham, real ale chutney,
pickled onions, boiled egg, watercress, radishes, celery, tomatoes, crisp apple,
English mustard, and softened salted butter

Sandwiches

Tuna and cheddar melt ***GF** 8.25

Baked ham and salad ***GF** 7.75

Hummus and char-grilled pepper
VE *GF 7.25

All sandwiches are served on farmhouse
granary or white bread, with a side salad
and crisps

Sides

Skin-on-fries **GF** 3.50

Mixed leaf salad **GF** 3.50

Crunchy coleslaw **GF** 3.50

Onion rings **GF** 3.50

V = VEGETARIAN VE = VEGAN
GF = GLUTEN FREE

***GF = CAN BE ADAPTED TO BE GLUTEN FREE
UPON REQUEST**